

Details of this 'passport' holder

Name: _____

Please note the specific Parkinson's related issues below that may affect my journey.

Please tick relevant boxes.

- ☐ My speech and ability to communicate
- ☐ My coordination abilities
- ☐ My mobility
- ☐ I have a Deep Brain Stimulation (DBS) implant that requires me to keep away from electromagnetic devices. This device is located in my chest or abdomen, with cables that travel up my neck and into the scalp.
- ☐ I have an infusion pump to deliver medicine and will be carrying related devices. The pump is usually carried in a dedicated pouch or attached near my waist. It can be used safely on aeroplanes and will not interfere with the aircraft's instruments, including during take-off and landing.

- Items we may need to carry when travelling:
- Medication required during a flight or while travelling (pills, tablets or patches).
 - Medically necessary devices such as infusion pumps and injectable pens.
 - Pre-filled syringes or ampoules.
 - Cannulas (short, thin tubes) inserted into the body.

- Accessibility and support
- We may need more time than usual at check-ins, or receptions. Please allow us time to do what we are doing.
 - Be patient when we are walking, talking and eating – multitasking is not easy.
 - Picking things up may be difficult.
 - Be aware that Parkinson's affects facial muscles, and smiling can be difficult. We may not be able to respond as you would like us to.
 - Do not push or pull us if we find it difficult to move.
 - It's easier if we are sitting down when given a drink.
 - If you see any of us experiencing difficulties, please don't walk away – ask if we need help.


ESSENTIAL MEDICAL INFORMATION





PARKINSON'S
PASSPORT





www.parkinsonseurope.org

People with Parkinson's represent 1% of the world's population.

Parkinson's is a neurodegenerative condition that affects a person's ability to speak, coordinate and initiate movements. Our ability to understand and you is not affected, but we may need a little longer to respond.

This 'passport' provides information on the help you can give us when travelling outside the home – at transport hubs such as airports, as well as hotels and public spaces.

Parkinson's Europe is a not for profit organisation campaigning to help people living with Parkinson's to have access to the highest standards of treatment, support and care.

In a medical emergency

Do NOT give these medications to people with Parkinson's.

- **Anti-sickness medicines** – such as Metoclopramide, Cyclizine, Prochlorperazine. If an antiemetic is necessary, domperidone should be used.
- **Antipsychotics** – haloperidol should not be used and Quetiapine is the drug of choice. Other Atypical antipsychotics (e.g. Risperidone, Olanzapine) may be considered if Quetiapine is not tolerated.
- **Painkillers** – Pethidine and other opioids should not be used at the same time as selegiline and rasagiline.

Surgery or general anaesthesia for those with pump infusions

Duodopa pump infusion treatment may be continued for as long as it's permitted to take fluids and medicines by mouth. It may be switched off during surgery.

Apomorphine pump infusion treatment may be continued before , during and after surgery.

Emergency contacts

1. Name: _____

Relationship to me: _____

Telephone (including country code): _____

2. Name: _____

Relationship to me: _____

Telephone (including country code): _____

Doctor: _____

Practice address: _____

Telephone (inc country code): _____

Doctor's signature or stamp:

Date: / /

Help with administering medication – if required

There may be times when help is required to administer my medication.

It is very important that I receive the correct dose of my medications at the correct times. The table below lists these details. These are:

Name of medication: _____

Dosage: _____

Timing: _____

Name of medication: _____

Dosage: _____

Timing: _____

Medication continued

Name of medication: _____

Dosage: _____

Timing: _____

Name of medication: _____

Dosage: _____

Timing: _____

Name of medication: _____

Dosage: _____

Timing: _____