

## ESSENTIAL MEDICAL INFORMATION



parkinson's  
europe



# PARKINSON'S PASSPORT



## Please provide people with Parkinson's a safe passage when travelling

People with Parkinson's represent 1% of the world's population.

Parkinson's is a neurodegenerative condition that affects a person's ability to speak, coordinate and initiate movements. **Our ability to understand you is not affected, but we may need a little longer to respond.**

This 'passport' provides information on the help you can give us when travelling outside the home – at transport hubs such as airports, as well as hotels and public spaces.

Parkinson's Europe is a not for profit organisation campaigning to help people living with Parkinson's to have access to the highest standards of treatment, support and care.  
[www.parkinsonseurope.org](http://www.parkinsonseurope.org)



## Details of this 'passport' holder

Name: \_\_\_\_\_

**Please note the specific Parkinson's related issues below that may affect my journey.**

Please tick relevant boxes.

- ☐ **My speech and ability to communicate**
- ☐ **My coordination abilities**
- ☐ **My mobility**
- ☐ **I have a Deep Brain Stimulation (DBS) implant that requires me to keep away from electromagnetic devices.** This device is located in my chest or abdomen, with cables that travel up my neck and into the scalp.
- ☐ **I have an infusion pump to deliver medicine and will be carrying related devices.** The pump is usually carried in a dedicated pouch or attached near my waist. It can be used safely on aeroplanes and will not interfere with the aircraft's instruments, including during take-off and landing.

## Accessibility and support

- We may need more time than usual at check-ins, or receptions. Please allow us time to do what we are doing.
- Be patient when we are walking, talking and eating – multitasking is not easy.
- Picking things up may be difficult.
- Be aware that Parkinson's affects facial muscles, and smiling can be difficult. We may not be able to respond as you would like us to.
- Do not push or pull us if we find it difficult to move.
- It's easier if we are sitting down when given a drink.
- If you see any of us experiencing difficulties, please don't walk away – ask if we need help..

## Items we may need to carry when travelling:

- Medication required during a flight or while travelling (pills, tablets or patches).
- Medically necessary devices such as infusion pumps and injectable pens.
- Pre-filled syringes or ampoules.
- Cannulas (short, thin tubes) inserted into the body.

## In a medical emergency

**Do NOT give these medications to people with Parkinson's.**

- **Anti-sickness medicines** – such as Metoclopramide, Cyclizine, Prochlorperazine. If an antiemetic is necessary, domperidone should be used.
- **Antipsychotics** – haloperidol should not be used and Quetiapine is the drug of choice. Other Atypical antipsychotics (e.g. Risperidone, Olanzapine) may be considered if Quetiapine is not tolerated.
- **Painkillers** – Pethidine and other opioids should not be used at the same time as selegiline and rasagiline.

### Surgery or general anaesthesia for those with pump infusions

**Duodopa pump infusion treatment** may be continued for as long as it's permitted to take fluids and medicines by mouth. It may be switched off during surgery.

**Apomorphine pump infusion treatment** may be continued before, during and after surgery.

## Emergency contacts

1. Name: \_\_\_\_\_

Relationship to me: \_\_\_\_\_

Telephone (including country code):  
\_\_\_\_\_

2. Name: \_\_\_\_\_

Relationship to me: \_\_\_\_\_

Telephone (including country code):  
\_\_\_\_\_

Doctor: \_\_\_\_\_

Practice address: \_\_\_\_\_  
\_\_\_\_\_

Telephone (inc country code):  
\_\_\_\_\_

Doctor's signature or stamp:

Date:     /     /

## Help with administering medication – if required

There may be times when help is required to administer my medication.

It is very important that I receive the correct dose of my medications at the correct times. The table below lists these details. These are:

Name of medication: \_\_\_\_\_  
\_\_\_\_\_

Dosage: \_\_\_\_\_

Timing: \_\_\_\_\_

Name of medication: \_\_\_\_\_  
\_\_\_\_\_

Dosage: \_\_\_\_\_

Timing: \_\_\_\_\_

### Medication continued

Name of medication: \_\_\_\_\_  
\_\_\_\_\_

Dosage: \_\_\_\_\_

Timing: \_\_\_\_\_

Name of medication: \_\_\_\_\_  
\_\_\_\_\_

Dosage: \_\_\_\_\_

Timing: \_\_\_\_\_

Name of medication: \_\_\_\_\_  
\_\_\_\_\_

Dosage: \_\_\_\_\_

Timing: \_\_\_\_\_